Committee Minutes

Meeting Health and Wellbeing Board Date 24 January 2018 Present Councillors Runciman (Chair), Cannon and Mercer Jon Stonehouse (Corporate Director of Children, Education and Communities, City of York Council) Lisa Winward (Deputy Chief Constable, North Yorkshire Police) Sarah Armstrong (Chief Executive, York CVS) Sian Balsom (Manager, Healthwatch York) Phil Mettam (Accountable Officer, NHS Vale of York Clinical Commissioning Group) [from item 6] Keith Ramsay (Lay Chair, NHS Vale of York Clinical Commissioning Group) Gillian Laurence (Head of Clinical Strategy, NHS England (North Yorkshire & the Humber) Keren Wilson (Chief Executive, Independent Care Group) - Substitute for Mike Padgham Ruth Hill (Director of Operations (York and Selby), Tees, Esk and Wear Valleys NHS Foundation Trust) - Substitute for Colin Martin Mike Proctor (Deputy Chief Executive, York

Teaching Hospital NHS Foundation Trust) -

Substitute for Patrick Crowley

Michael Melvin (Assistant Director Adult Social Care, City of York Council) - Substitute for Martin Farran

Fiona Phillips (Assistant Director - Consultant in Public Health, City of York Council) - Substitute for Sharon Stoltz

Apologies

Councillor Craghill, Shaun O'Connell, Mike Padgham, Colin Martin, Martin Farran, Sharon Stoltz, Patrick Crowley

115. Declarations of Interest

The Chair welcomed Cllr Mercer, Executive Member for Education, Children & Young People to the Board. Cllr Mercer had replaced Cllr Rawlings as Executive Member for Education, Children & Young People. The Board recorded their thanks to Cllr Rawlings.

Board Members were invited to declare any personal, prejudicial or disclosable pecuniary interests, other than their standing interests, that they had in relation to the business on the agenda.

Councillor Cannon declared a personal interest in the remit of the Board as she was a current patient at York Hospital.

Gillian Lawrence declared three personal interests in the remit of the Board in that; she was employed by NHS England, was a Registered Pharmacist and was a Steering Group Member of West Yorkshire Local Practice Forum of the Royal Pharmaceutical Society.

No further interests were declared.

116. Minutes

To approve and sign the minutes of the last meeting of the Health and Wellbeing Board held on 8 November 2017.

Resolved: That, subject to the correct job titles being added into the attendance list, the minutes of the meeting

of the Health and Wellbeing Board held on 8 November 2017 be approved and signed by the Chair as a correct record.

117. Public Participation

Two speakers had registered under Public Participation to speak in relation to item 6: mental health strategy for York.

Professor Tom McGuffog, representing York Older People's Assembly (YOPA) outlined YOPA's analysis of the Mental Health Strategy for York which suggested that the document was not a plan as it did not include quantified objectives, specified timetables, and few defined responsibilities or resources to meet the objectives. He raised a number of questions and issues in relation to the mental health strategy for York and emphasized YOPA's wish to be supportive of and actively involved in the development of cost-effective health and wellbeing services for York and district.

The Chair clarified that the remit of the Board was to examine strategy rather than operational matters. A number of Board Members responded to the points made by Professor McGuffog and it was noted that:

- The mental health strategy for York was a system wide strategy which a range of partners had committed to and there was a role for communities and place within the plan.
- In terms of funding, Tees, Esk and Wear Valleys (TEWV)
 NHS Foundation Trust had been lobbying with The NHS Vale
 of York Clinical Commissioning Group (CCG) for funding for
 mental health services.
- TEWV and the CCG had some plans in place for the delivery of the strategy, for example a detailed piece of work on Child and Adolescent Mental Health Services (CAMHS) had been undertaken. Additionally a new partnership was being established and would lead on preparing action plans and ensuring the strategy was delivered.
- City of York Council (CYC) was putting services into communities and supported an early intervention approach to mental health services.

Amanda Griffiths, representing members of the Yor-Peer Support (York mental health peer support group), noted that it

was good to see peer support as a strategic objective of the mental health strategy for York. She highlighted the following themes had emerged: difficulty in accessing statutory services (including crisis care), no precedence for trauma informed services, limited availability of trauma specific services and necessity for peer support. She raised a number of questions in relation to those themes in terms of costs, timeframe and implementation.

Members responded to the points made by Amanda Griffiths and it was noted that:

- The TEWV access service delivered urgent access to people needing an appointment within 3 days or within 28 days.
- TEWV had formed a group to examine access and crisis services and a trauma informed lead had been established in the group to take this forward.
- In terms of crisis care there was a mental health crisis concordat in place which included trauma informed services. This would become more apparent as action plans evolved.

118. Appointments to the Health and Wellbeing Board

This report asked the Board to confirm new appointments to its membership.

Resolved:

- That Gillian Laurence, Head of Clinical Strategy (Yorkshire & the Humber) NHS England be appointed as NHS England's representative on the Health and Wellbeing Board.
- ii. That Shaun Jones, Head of Assurance and Delivery, NHS England be appointed as the first substitute for the clinical representative for NHS England on the Health and Wellbeing Board.

Reason: In order to make these appointments to the Health and Wellbeing Board.

119. Progress Against the Living and Working Well Theme of the Joint Health and Wellbeing Strategy (including performance)

This report asked the Health and Wellbeing Board (HWBB) to note the update on progress made against delivery of the living and working well theme of the joint health and wellbeing strategy 2017-2022.

The CYC Assistant Director - Consultant in Public Health presented the report to Board Members. She gave an overview of Annex A, which detailed the ongoing work on the living and working well theme of the joint health and wellbeing strategy 2017-2022.

A number of comments were made in relation to the report:

- The work with United Response was commended.
- The work on mental health and employment in the skills plan was welcomed. The Corporate Director of Children, Education and Communities noted that there may be an update on the skills plan at a future meeting.
- There was a need to look at the needs of people seeking employment.
- The biggest inequality in York was income and it was suggested that the implementation of Universal Credit in York had been poor.
- It was requested that timescales be included in further updates.
- It was suggested that the report was outcome light and the Accountable Officer, NHS Vale of York Clinical Commissioning Group offered to arrange for clinical input in relation to this.

In response to questions from the Board it was reported that

- With reference to what choice and control would there be for working age people with disabilities, there would be some feedback on this from the United Response project.
- With regard to workplace wellbeing, a number of the top 100 companies in York had been approached about workplace wellbeing.
- Work on 'narrowing the gap' was being undertaken as part of the York Economic Strategy 2016-2020 and York Skills Plan 2017-2020.
- It was confirmed that the CCG commissioned GPs and the Accountable Officer, NHS Vale of York Clinical Commissioning Group noted that assurance needed to be clinically authentic.

 The Manager of Healthwatch York offered to help with single conditional feedback.

Resolved: That the Health and Wellbeing Board note and

comment on the report.

Reason: To keep the Health and Wellbeing Board informed

as to progress on delivery against the living and working well theme of the joint health and wellbeing

strategy 2017-2022.

120. Mental Health Strategy for York

This report presented the near final draft of an all age mental health strategy for York and provided an update on establishing a new mental health delivery partnership for the city. Board members were asked to provide their final comments on the draft attached at Annex A.

Board members made the following comments in relation to the draft all age mental health strategy:

- The draft strategy was commended and was an ambitious delivery model.
- The CCG had released its commissioning intentions, which outlined the priorities that the CCG would like to commit resources to. The commissioning intentions were consistent with the issues raised during public engagement last year. The CCG commissioning intentions signal the start to treatment in the NHS system, by being less institutionally based and by being based on the holistic needs of the individual. Over the next 5 years, the CCG would develop an investment programme with a plan to facilitate that change.

In response to Members' questions it was noted that:

- The CCG Commissioning Intentions were in the public domain and were available online.
- The key themes would be taken forward following the suggestion at the workshops that service users, minority groups and carer representatives should be an integral part of the new mental health partnership. Once identified, the Chair and Members of the delivery partnership would be invited to set meeting dates for the year ahead. The new partnership would establish governance arrangements and

- Terms of Reference which would be reported back to the Health and Wellbeing Board.
- It was recognised that there had always been challenge in how to make voices heard in transformation in the delivery of the strategy.
- The timelines were dependent on securing an Independent Chair for the Board. It was hoped that the Independent Chair would be appointed in the next few weeks.
- On being asked whether the role of Independent Chair would be advertised, the Assistant Director of Adult Social Care noted he would take this suggestion back to the Director.

Resolved: That the Health and Wellbeing Board:

- Delegate the final sign off of the new all age mental health strategy to the Chair of the Health and Wellbeing Board in conjunction with the two Health and Wellbeing Board lead members for mental health.
- ii. Note the progress on establishing a new mental health partnership.
- iii. Receive the action plan and performance framework at a future Health and Wellbeing Board meeting once the mental health delivery partnership has been established.

Reason: To give the Health and Wellbeing Board oversight of the creation of an all age mental health strategy associated action plan and formation of a new mental health delivery partnership.

121. Mental Health Housing & Support

This report from the Corporate Director of Health, Housing and Adult Social Care, City of York Council and the Accountable Officer, NHS Vale of York Clinical Commissioning Group (CCG) outlined a direction of travel for the development of a housing and support pathway for people with mental ill health. It recognised that there were challenges within the current system which could only be addressed in a 'whole system' way with collaborative working between health, housing, social care, the

voluntary and community sector, private sector landlords, service users, carers, and communities.

With regard to the report annexes, Annex 1 detailed how the current system was falling short for individuals with complex needs in terms of both individual outcomes and system-wide efficiencies. Annex 2 detailed the Workshop Report, Executive Summary: Mental Health Housing and Support Workshop held at the Priory Street Centre on 29 September 2017.

The CYC Commissioning Manager, Adult Social Care and CYC Housing Management Service Manager introduced the report to the Board. They opened with a quote from the Centre for Mental Health's report 'More Than Shelter' (June 2016) which summarised the importance of housing and support for people with mental health problems:

"Having somewhere to live in which we feel secure is essential to our physical and mental health...and for people who have experienced mental health problems, it is a key to their long-term independence, stability and recovery....The provision of support for people with mental health problems to assist them to live an independent life is central to the delivery of comprehensive mental health support."

Members received the report and in response to their questions it was reported that:

 A number of Housing Associations and Registered Social Landlords (RSL) had been invited to attend the Mental Health Housing and Support Workshop held at Priory Street Centre on 29 September 2017. The workshop was attended by over 70 delegates with a wide range of partner agencies represented including service users and carers, City of York Council (Adult Social Care, Community Safety, Housing) Housing Associations, Tees, Esk and Wear Valley NHS Foundation Trust, Vale of York Clinical Commissioning Group, and organisations from the Voluntary and Community Sector.

The Manager of Healthwatch York reported that she had attended the workshop and she gave feedback from an attendee at the workshop.

Board Members asked a number of questions and in response it was noted that:

- With reference to the resources needed, the details on the costings would be presented in the next report to the Board.
- Different ways of continuing involvement with service users was being looked at, for example this could be undertaken via one to one consultations between key workers and service users or through peer support networks.

Resolved: That the Health and Wellbeing Board:

- a) Agree to receive a further report in early summer which will include costed options and proposals focussed on three key areas for development that emerged from a multiagency workshop event held on 29 Sept 2017.
 - Better joint working improving the way that health, housing and social care work together now.
 - 'Housing First' understanding what more we need to do to make a Housing First approach work for as many people as possible.
 - Complex needs doing further work on modelling the smaller, more dispersed supported housing schemes (with 24/7 support) preferred by workshop delegates.
- b) Note that developing a housing and support pathway for people with mental ill health that will ensure access to the right type of accommodation, and the right level of support, at the right time is likely to require changes to the way that health, housing, and social care work together and, potentially, a redistribution of resources within the 'whole system' for example, disinvesting in buildings in order to invest more resource into community support. More specific information on the resource implications for the whole system will form part of the follow-up report.

Reason: To keep the Health and Wellbeing Board informed of progress in relation to the development of a housing

and support pathway for people with mental ill health.

122. Older People's Survey

This report asked the Health and Wellbeing Board (HWBB) to note the results of the York Older People's Survey and respond to the recommendations in the report. The CYC Assistant Director - Consultant in Public Health gave an overview of the report, highlighting the recommendations.

Board members noted the responses to the survey, as outlined in Annex A and commented on the findings:

- The findings veered towards social interactions.
- It would be useful to see how the results showed an overlap between young people and older people.
- The issue with pavements and toilets had come through in feedback from dementia patients.

Resolved: That the Health and Wellbeing Board:

i. Noted and commented on the report and agreed that the Manager of York CVS would consult with the groups and or organisations listed in the report regarding taking the recommendations forward.

Reason: To ensure that the results of the survey are acted on and that local people are reassured that their

opinions are valued and acted upon.

123. Better Care Fund

The Head of Joint Commissioning Programme, NHS Vale of York Clinical Commissioning Group (CCG) and City of York Council presented the report which provided an update on the Better Care Fund (BCF) assurance process. Reference was made to the information on delayed transfers of care, as detailed in Annex A of the report.

Resolved: That the Health and Wellbeing Board note the

report.

Reason: To keep the Health and Wellbeing Board informed of

progress.

124. CQC Whole System Review

The Head of Joint Commissioning Programme, NHS Vale of York Clinical Commissioning Group (CCG) and City of York Council outlined the report which updated the Health and Wellbeing Board on the CQC Local System Review of York, the development of an action and future governance arrangements for the delivery of the action plan.

The Chair referred the Board to Annex A of the report – The draft Terms of Reference for the York Place Based Improvement Board. It was noted that the draft Terms of Reference had been compiled as a starting point to stimulate discussion and enable partners to consider some of the likely features of the York Place Based Improvement Board. Board members were asked to feedback their comments concerning the draft Terms of Reference to the Head of Joint Commissioning Programme, NHS Vale of York Clinical Commissioning Group (CCG) and City of York Council.

Board Members discussed the draft Terms of Reference for the York Place Based Improvement Board. Suggestions regarding the remit and reporting back mechanisms of the Board were made and it was:

Resolved:

- i. That the Health and Wellbeing Board feedback their comments concerning the draft Terms of Reference for the York Place Based Improvement Board to the Head of Joint Commissioning Programme, NHS Vale of York Clinical Commissioning Group (CCG) and City of York Council.
- ii. That the Chair seek clarification on whether the York Place Based Improvement Board could be a public forum.
- iii. That the Health and Wellbeing Board delegate the oversight of developing and submitting the CQC action plan to the Corporate Director of Health Housing and Adult Social Care, acting alongside system leaders.

iv. That the Health and Wellbeing Board delegate the task of further developing future governance arrangements for the CQC action plan and wider system improvement to the Chief Executive of the council, acting alongside system leaders.

Reason:

- i. To ensure that the work is completed in line with the requirements of the Department of health and CQC.
- To enable proposals to be developed and consulted on informally prior to further recommendations being brought to the HWBB at a future meeting.

125. Update from the HWBB Steering Group

This report provided the Board with an update on the work that has been undertaken by the Health and Wellbeing Board (HWBB) Steering Group. It was highlighted that a strategy mapping event was scheduled for 1 February 2018 at Priory Street (being led by CVS) and that work was underway to plan for the Board (in collaboration with One Planet York) to take part in the York Festival of Ideas.

Resolved: That the Health and Wellbeing Board note the

update.

Reason: To update the Board in relation to the work of the

HWBB Steering Group.

126. Work Programme

Board members were asked to consider the Board's proposed work programme up to May 2018. The Health and Wellbeing Partnerships Co-ordinator advised Board Members that a report from North Yorkshire Fire and Rescue Service around their offer in relation to early intervention and prevention would be added to the work programme for the March 2017 meeting.

Resolved: That the current 2017/18 work programme be noted.

Reason: To ensure that the Board has a planned

programme of work in place.

Councillor C Runciman, Chair [The meeting started at 4.30 pm and finished at 6.30 pm].